



# April 2026



## Female Track (Outdoor) Records

Sprints					
Event	Age Group	Athlete	Date	Venue	Time
<b>100m</b>	<b>Club Record (U20)</b>	<b>Sophie Thomas</b>	<b>26 April 2025</b>	<b>Linwood Athletics Centre</b>	<b>12.07s</b>
	U13	Shayna Asamoah	21 July 2019	Grangemouth Stadium	13.27s
	U14				
	U15	Sophie Thomas	27 August 2022	Grangemouth Stadium	12.10s
	U16				
	U17	Sophie Thomas	11 May 2024	Grangemouth Stadium	12.10s
	U18				
	U20	Sophie Thomas	23 August 2025	Grangemouth Stadium	11.74s
	U23	Victoria Stephen	14 April 2012	Grangemouth Stadium	14.16s
	V40	Sandra Mitusch	20 May 2006	Glasgow, Scotstoun Stadium	13.98s
	V45	Wendy Nicol	01 May 2011	Wishaw Sports Centre	14.80s
	V50	Wendy Nicol	19 August 2012	Wishaw Sports Centre	15.47s
	Senior	Victoria Stephen	18 May 2014	Meadowbank Stadium	13.38s
<b>150m</b>	<b>Club Record (U13)</b>	<b>Aaliyah Adebesei</b>	<b>19 May 2019</b>	<b>Ayrshire Arena, Kilmarnock</b>	<b>20.36s</b>
	U13	Aaliyah Adebesei	19 May 2019	Ayrshire Arena, Kilmarnock	20.36s
	U14				
	U15	Darcie Black	23 August 2020	Meadowmill, East Lothian	20.57s
	U16				
	U17	Samantha Barr	03 May 2017	Grangemouth Stadium	22.19s
<b>200m</b>	<b>Club Record (U20)</b>	<b>Sophie Thomas</b>	<b>24 August 2025</b>	<b>Grangemouth Stadium</b>	<b>23.86s</b>
	U13	Kelli Suttie	03 September 2011	Grangemouth Stadium	27.71s
	U14				
	U15	Jade Hutchison	28 August 2016	Bedford Athletics Stadium	24.64s
	U16				
	U17	Shayna Asamoah	14 August 2022	Aberdeen Sports Village	25.26s
	U18				
	U20	Sophie Thomas	24 August 2025	Grangemouth Stadium	23.86s
	U23	Jessie Concannon	13 May 2016	Grangemouth Stadium	27.21s
	V35	Hazel Porter	30 June 2019	Grangemouth Stadium	31.01s
	V40	Sandra Mitusch	20 May 2006	Glasgow, Scotstoun Stadium	28.88s
	V45	Sandra Mitusch	15 July 2007	Grangemouth Stadium	30.33s
	V50	Wendy Nicol	12 May 2013	Grangemouth Stadium	28.28s
	Senior	Victoria Stephen	18 May 2014	Grangemouth Stadium	26.31s
<b>300m</b>	<b>Club Record (U15)</b>	<b>Jade Hutchison</b>	<b>07 September 2016</b>	<b>Grangemouth Stadium</b>	<b>40.18s</b>
	U13	Kirsty Moncur	14 September 2013	Grangemouth Stadium	49.50s
	U14				
	U15	Jade Hutchison	07 September 2016	Grangemouth Stadium	40.18s
	U16				
	U17	Shayna Asamoah	15 April 2023	Grangemouth Stadium	41.43s
<b>400m</b>	<b>Club Record (U23)</b>	<b>Jessie Concannon</b>	<b>28 August 2016</b>	<b>Kilmarnock</b>	<b>60.20s</b>
	U16				
	U17	Daisy Cumming	21 July 2019	Grangemouth Stadium	62.13s
	U18				
	U20	Shayna Asamoah	27 April 2024	Grangemouth Stadium	60.77s
	U23	Jessie Concannon	28 August 2016	Kilmarnock	60.20s
	Senior	Victoria Stephen	30 August 2015	Grangemouth Stadium	61.14s

Hurdles					
Event	Age Group	Athlete	Date	Venue	Time
70mH	U13	Mya McMahon	12 May 2018	Grangemouth Stadium	11.38s
70mH	U14				
75mH	U15	Isla Steel	01 July 2017	Grangemouth Stadium	11.85s
75mH	U16				
80mH	U17	Darcie Black	15 August 2021	Grangemouth Stadium	11.93s
100mH	U18	Darcie Black	22 April 2023	Loughborough	14.82s
100mH	U20	Darcie Black	30 June 2024	Grangemouth Stadium	15.24s
300mH	U17	Amy Jenkinson	05 May 2024	Grangemouth Stadium	48.53s

Middle Distance					
Event	Age Group	Athlete	Date	Venue	Time (mins)
<b>800m</b>	<b>Club Record (U17)</b>	<b>Daisy Cumming</b>	<b>01 June 2018</b>	<b>Scotstoun Stadium</b>	<b>2.15.59</b>
	U13	Megan Kyle	03 September 2017	Pitreavie Stadium	2.28.55
	U14				
	U15	Daisy Cumming	03 September 2017	Pitreavie Stadium	2.18.82
	U16				
	U17	Daisy Cumming	01 June 2018	Scotstoun Stadium	2.15.59
	U18				
	U20	Minnie Brocklesby	17 April 2019	Livingston	2.43.08
	V35	Hazel Porter	27 May 2018	Ayrshire Athletics Centre	2.49.20
	V40	Angela Sharp	25 April 2010	Grangemouth Stadium	3.02.67
	V45	Wendy Nicol	10 June 2012	Dumfries	2.38.33
	V50	Bernadette Harris	25 April 2010	Grangemouth Stadium	3.17.65
	Senior	Hazel Ballantine	27 August 2000	Coatbridge	2.19.70
<b>1200m</b>	<b>Club Record (U13)</b>	<b>Megan Kyle</b>	<b>23 May 2018</b>	<b>Livingston</b>	<b>4.01.24</b>
	U13	Megan Kyle	23 May 2018	Livingston	4.01.24
<b>1500m</b>	<b>Club Record (U17)</b>	<b>Daisy Cumming</b>	<b>13 May 2018</b>	<b>Grangemouth Stadium</b>	<b>4.38.94</b>
	U13	Poppy Warner	01 September 2023	Livingston	5.10.00
	U14				
	U15	Daisy Cumming	06 September 2017	Pitreavie Stadium	4.44.06
	U16				
	U17	Daisy Cumming	13 May 2018	Grangemouth Stadium	4.38.94
	U18				
	U20	Lucy Johnston	22 May 2019	Livingston	5.24.60
	V35	Hazel Porter	30 June 2019	Grangemouth Stadium	5.48.98
	V45	Wendy Nicol	19 August 2012	Wishaw Sports Centre	6.57.10
<b>1 Mile</b>	<b>Club Record (U15)</b>	<b>Poppy Warner</b>	<b>25 August 2025</b>	<b>Stirling</b>	<b>5.32.60</b>
	U13	Megan Kyle	13 June 2018	Stirling	5.38.01
	U14				
	U15	Poppy Warner	25 August 2025	Stirling	5.32.60
	U16				
	U17	Lucy Gibb	13 April 2025	Kilmarnock Athletics Arena	5.35.84

Long Distance					
Event	Age Group	Athlete	Date	Venue	Time (mins)
<b>3000m</b>	<b>Club Record (U15)</b>	<b>Poppy Warner</b>	<b>13 September 2025</b>	<b>Linlithgow</b>	<b>10.39.00</b>
	U15	Poppy Warner	13 September 2025	Linlithgow	10.39.00
	U16				
	U17	Lucy Gibb	25 July 2025	Grangemouth	10.58.13
	U18				
	U20	Minnie Brocklesby	31 May 2019	Scotstoun Glasgow	12.35.72
	V35	Carla Thomas	01 September 2019	Kilmarnock	13.42.49
<b>5000m</b>	<b>Club Record (U15)</b>	<b>Lucy Gibb</b>	<b>24 September 2024</b>	<b>Edinburgh</b>	<b>20.04</b>
	U13	Rachel Barnett	30 July 2021	Dunfermline	22.26
	U14				
	U15	Lucy Gibb	24 September 2024	Edinburgh	20.04
	U16				
	U17	Katie Lancaster	03 May 2019	Edinburgh	20.28
	U20	Minnie Brocklesby	03 May 2019	Edinburgh	21.32
<b>10000m</b>	<b>Club Record (U17)</b>	<b>Lucy Gibb</b>	<b>08 June 2025</b>	<b>Kilmarnock</b>	<b>44.28</b>
	U17	Lucy Gibb	08 June 2025	Kilmarnock	44.28

Relays					
Event	Age Group	Athlete	Date	Venue	Time
4 x 100m	Club record (U17)	Kirstin Penman, Sophie Thomas, Amy Jenkinson, Shayna Asamoah	25 June 2023	Scotstoun, Glasgow	50.01s
	U13	Shayna Asamoah, Sophie Thomas, Kirstin Penman, Aaliyah Adebesei	15 September 2019	Pitreavie , Dunfermline	54.69s
	U14				
	U15	Sarah Kane, Sophie Thomas, Amy Jenkinson, Shayna Asamoah	11 September 2021	Kilbrachan, Linwood	50.86s
	U16				
	U17	Shayna Asamoah, Sophie Thomas, Kirstin Penman, Amy Jenkinson	25 June 2023	Scotstoun, Glasgow	50.01s
	U18				
	U20				
4 x 300m	U15	Shayna Asamoah, Sophie Thomas, Ellie Candlish, Kirstin Penman	11 September 2021	Kilbrachan, Linwood	3.01.28m
	U16				
	U17	Shayna Asamoah, Darcie Black, Ellie Candlish, Kirstin Penman	10 September 2022	Grangemouth Stadium	2.55.00m
3 x 800m	U13	Poppy Warner, Caitlin Chalmers, Briony Argo	10 September 2022	Grangemouth Stadium	08.46.63m
	U15	Ruby Candlish, Evie Sharp, Emily Fullerton	11 September 2021	Kilbrachan, Linwood	08.08.06m

Combined Events					
Event	Record	Athlete	Date	Venue	Total
Pentathlon	Club Record (U17)	Darcie Black	04 June 2022	Grangemouth Stadium	2,945 pts
	U13	Mya McMahon	14 July 2018	Grangemouth Stadium	2,722 pts
	U14				
	U15	Isla Steel	01 July 2017	Grangemouth Stadium	2,742 pts
	U16				
	U17	Darcie Black	04 June 2022	Grangemouth Stadium	2,945 pts
	U18				
	U20	Victoria Stephen	31 May 2007	Pitreavie Stadium	2,537 pts
Heptathlon	Club Record (U17)	Darcie Black	11 July 2021	Kilmarnock Athletics Arena	3,993pts
	U17	Darcie Black	11 July 2021	Kilmarnock Athletics Arena	3,993pts



# April 2026



## Female Track (Indoor) Records

Sprints					
Event	Age Group	Athlete	Date	Venue	Time
<b>60m</b>	<b>Club Record (U20)</b>	<b>Sophie Thomas</b>	<b>7th February 2026</b>	<b>Sheffield</b>	<b>7.33s</b>
	U13	Sophie Thomas	29 February 2020	Emirates Arena, Glasgow	8.56s
	U14	Alice Thomas	7th December 2025	Emirates Arena, Glasgow	9.12
	U15	Sophie Thomas	10 February 2022	Emirates Arena, Glasgow	7.94s
	U16	Ana Stobie	7th March 2026	Emirates Arena, Glasgow	8.44s
	U17	Sophie Thomas	17 February 2024	Grangemouth Indoor	7.62s
	U18	Charlotte Thomas	7th March 2026	Emirates Arena, Glasgow	7.82s
	U20	Sophie Thomas	7th February 2026	Sheffield	7.33s
	V40	Sandra Mitusch	19 February 2006	Glasgow, Kelvin Hall	8.60s
	V45	Sandra Mitusch	16 February 2008	Glasgow, Kelvin Hall	8.86s
	V50	Wendy Nicol	02 March 2014	Emirates Arena, Glasgow	9.23s
	Senior	Victoria Stephen	19 Jan 2013	Emirates Arena, Glasgow	8.79s
<b>100m</b>	<b>Club Record (U15)</b>	<b>Aislynn Crichton</b>	<b>03 March 2016</b>	<b>Motherwell, Ravenscraig</b>	<b>13.89s</b>
	U15	Aislynn Crichton	03 March 2016	Motherwell, Ravenscraig	13.89s
<b>200m</b>	<b>Club Record (U20)</b>	<b>Sophie Thomas</b>	<b>8th February 2026</b>	<b>Sheffield</b>	<b>23.28s</b>
	Senior	Jodi Heyes	19 January 2013	Emirates Arena, Glasgow	28.38s
	U13	Murron Kane	05 March 2023	Emirates Arena, Glasgow	28.17s
	U14	Morven Stevenson	25 January 2026	Emirates Arena, Glasgow	32.34s
	U15	Jade Hutchison	06 March 2016	Emirates Arena, Glasgow	25.42s
	U16	Ana Stobie	25 January 2026	Emirates Arena, Glasgow	27.87s
	U17	Sophie Thomas	04 February 2023	Emirates Arena, Glasgow	25.39s
	U18	Charlotte Thomas	8th March 2026	Emirates Arena, Glasgow	24.79s
	U20	Sophie Thomas	8th February 2026	Sheffield	23.28s
	V45	Sandra Mitusch	16 February 2008	Glasgow, Kelvin Hall	29.93s
	Senior	Jodi Heyes	19 January 2013	Emirates Arena, Glasgow	28.38s
<b>300m</b>	<b>Club Record (U17)</b>	<b>Shayna Asamoah</b>	<b>31 January 2023</b>	<b>Emirates Arena, Glasgow</b>	<b>40.98s</b>
	U15	Sophie Thomas	16 January 2022	Emirates Arena, Glasgow	43.50s
	U16	Poppy Warner	4th February 2026	Emirates Arena, Glasgow	44.14s
	U17	Shayna Asamoah	31 January 2023	Emirates Arena, Glasgow	40.98s
<b>400m</b>	<b>Club Record (U18)</b>	<b>Charlotte Thomas</b>	<b>2nd November 2025</b>	<b>Emirates Arena, Glasgow</b>	<b>59.59s</b>
	U18	Charlotte Thomas	2nd November 2025	Emirates Arena, Glasgow	59.59s
	U20	Jennifer Ritchie	05 March 2016	Emirates Arena, Glasgow	66.61s
	U23	Victoria Stephen	05 February 2011	Glasgow, Kelvin Hall	67.86s
	Senior	Victoria Stephen	26 February 2012	Sheffield	65.82s

Hurdles					
Event	Age Group	Athlete	Date	Venue	Time
<b>60mH</b>	<b>Club Record (U18)</b>	<b>Darcie Black</b>	<b>04 February 2023</b>	<b>Emirates Arena, Glasgow</b>	<b>9.00s</b>
	U13	Mya McMahon	10 March 2018	Emirates Arena, Glasgow	9.73s
	U15	Darcie Black	18 January 2020	Emirates Arena, Glasgow	9.53s
	U16	Molly Robinson	4th February 2026	Emirates Arena, Glasgow	10.53
	U17	Darcie Black	10 February 2022	Emirates Arena, Glasgow	9.06s
	U18	Darcie Black	04 February 2023	Emirates Arena, Glasgow	9.00s
	U20	Darcie Black	02 March 2025	Emirates Arena, Glasgow	9.01s

Middle Distance					
Event	Age Group	Athlete	Date	Venue	Time (mins)
<b>800m</b>	<b>Club Record (U17)</b>	<b>Daisy Cumming</b>	<b>26 January 2019</b>	<b>Emirates Arena, Glasgow</b>	<b>2.17.08</b>
	U13	Megan Kyle	28 October 2017	Emirates Arena, Glasgow	2.29.99
	U14	Alice Thomas	8th March 2026	Emirates Arena, Glasgow	2.34.05
	U15	Daisy Cumming	28 January 2018	Emirates Arena, Glasgow	2.18.91
	U16	Abby McAndrew	7th March 2026	Emirates Arena, Glasgow	2.16.36
	U17	Daisy Cumming	26 January 2019	Emirates Arena, Glasgow	2.17.08
	U18	Lucy Gibb	25th January 2026	Emirates Arena, Glasgow	2.23.31
	U20	Minnie Brocklesby	12 January 2020	Emirates Arena, Glasgow	2.44.68
	Senior	Hazel Ballantine	27 January 2000	Glasgow, Kelvin Hall	2.21.00
	<b>1500m</b>	<b>Club Record (U17)</b>	<b>Daisy Cumming</b>	<b>02 February 2019</b>	<b>Emirates Arena, Glasgow</b>
U13	Rachel Barnett	01 February 2020	Emirates Arena, Glasgow	5.46.58	
U15	Lucy Gibb	31 January 2023	Emirates Arena, Glasgow	5.36.13	
U17	Daisy Cumming	02 February 2019	Emirates Arena, Glasgow	4.44.49	
U18	Lucy Gibb	11th January 2026	Emirates Arena, Glasgow	4.57.1	
U20	Lucy Johnston	02 February 2019	Emirates Arena, Glasgow	5.13.67	
Senior	Hazel Ballantine	15 January 2000	Glasgow, Kelvin Hall	5.02.70	
<b>3000m</b>	<b>Club Record (U17)</b>	<b>Lucy Gibb</b>	<b>04 January 2025</b>	<b>Emirates Arena, Glasgow</b>	<b>11.03.33</b>
U17	Lucy Gibb	04 January 2025	Emirates Arena, Glasgow	11.03.33	
U18	Lucy Gibb	04 January 2026	Emirates Arena, Glasgow	10.48.92	

Relays					
Event	Age Group	Athlete	Date	Venue	Time (mins)
<b>4 x 200m</b>	<b>Club Record (U17)</b>	<b>Kirstin Penman, Amy Jenkinson Sophie Thomas Shayna Asamoah</b>	<b>12 February 2023</b>	<b>Emirates Arena, Glasgow</b>	<b>1.44.02</b>
	U13	Shayna Asamoah, Sophie Thomas, Kirstin Penman, Aaliyah Adebesei	16 March 2019	Emirates Arena, Glasgow	1.55.47
	U14	Millie Gordon Phoebe Jones Mara Webber Alice Thomas	08 February 2026	Emirates Arena, Glasgow	2.08
	U15	Lottie Thomas Ana Stobie Pippa Rambaut Poppy Warner	02 February 2025	Emirates Arena, Glasgow	1.50.20
	U16	Poppy Warner Molly Robinson Evanne Carson Abby McAndrew	08 February 2026	Emirates Arena, Glasgow	1.54.6
	U17	Kirstin Penman, Amy Jenkinson Sophie Thomas Shayna Asamoah	12 February 2023	Emirates Arena, Glasgow	1.44.02
	U18				
	SEN	Kirstin Penman, Darcie Black Sophie Thomas Sarah Kane	08 February 2025	Emirates Arena, Glasgow	1.47.06

Combined Events					
Event	Record	Athlete	Date	Venue	Total
<b>Pentathlon</b>	<b>Club Record (U17)</b>	<b>Darcie Black</b>	<b>30 January 2022</b>	<b>Emirates Arena, Glasgow</b>	<b>3,055 pts</b>
	U13	Mya McMahan	03 February 2018	Emirates Arena, Glasgow	2,817 pts
	U15	Mya McMahan	17 February 2019	Emirates Arena, Glasgow	2,842 pts
	U17	Darcie Black	30 January 2022	Emirates Arena, Glasgow	3,055 pts