

Scottish Athletics Indoor League - Final - 05/03/2023

U11 GIRLS 60m - A RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	69	Ava Warboys	Kilmarnock A	9.50	1
2	57	Alice Thomas	Dunfermline A	9.62	2
3	51	Georgia McMahon	Airdrie A	9.71	3
4	9	Darcey Waddell	Giffnock North A	9.73	4
5	1	Murrin Ronney	Ayr Seaforth A	10.36	5
6	25	Alicia McMinigal	VP Glasgow A	10.52	6
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U11 GIRLS 60m - A RACE - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
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U11 GIRLS 60m - B RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	169	Jess Brown	Kilmarnock A	9.54	1
2	109	Aurora McIntyre	Giffnock North A	10.04	2
3	151	Evie Henderson	Airdrie A	10.06	3
4	101	Lucia Cornelious	Ayr Seaforth A	10.14	4
5	125	Kori Taylor	VP Glasgow A	10.24	5
6	157	Kelseigh Wilson	Dunfermline A	10.48	6

U11 GIRLS POINTS TOTALS

Competing	No.	B No.	Club	60m A	60m B	600m A	600m B	SLJ A	SLJ B	TOTAL	Rank
*	1	101	Ayr Seaforth A	5	4	3	3	1	3	19	2
*	9	109	Giffnock North A	4	2	6	5	3	4	24	5
*	25	125	V.P. Glasgow A	6	5	2	4	5	1	23	4
*	69	169	Kilmarnock A	1	1	1	1	6	2	12	1
*	51	151	Airdrie A	3	3	5	2	2	5	20	3
*	57	157	Dunfermline A	2	6	4	6	4	6	28	6

Penalty score	7
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Position	Numbers	Club	pts	
1	69	169	Kilmarnock A	12
2	1	101	Ayr Seaforth A	19
3	51	151	Airdrie A	20
4	25	125	V.P. Glasgow A	23
5	9	109	Giffnock North A	24
6	57	109	Dunfermline A	28

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U11 GIRLS 600m - A RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	69	Ava Warboys	Kilmarnock A	1.55.81	1
2	25	Caitlin Cameron Laing	VP Glasgow A	2.02.12	2
3	1	Emily Good	Ayr Seaforth A	2.02.99	3
4	57	Alice Thomas	Dunfermline A	2.06.68	4
5	51	Georgia McMahon	Airdrie A	2.06.77	5
6	9	Lola Saez	Giffnock North A	2.13.75	6

U11 GIRLS 600m - B RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	169	Libby Brown	Kilmarnock A	2.03.36	1
2	151	Eva Lane	Airdrie A	2.06.91	2
3	101	Abigail Good	Ayr Seaforth A	2.08.77	3
4	125	Freya Jarvie	VP Glasgow A	2.11.05	4
5	109	Abbie Gallagher	Giffnock North A	2.11.53	5
6	157	Millie Gordon	Dunfermline A	2.21.48	6

U11 GIRLS - A - Standing Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	1	Lucia Cornelious	Ayr Seaforth A	1.89	1
2	51	Bethany Hawkins	Airdrie A	1.75	2
3	9	Darcey Waddell	Giffnock North A	1.73	3
4	57	Kelseigh Wilson	Dunfermline A	1.62	4
5	25	Grace Flemming	VP Glasgow A	1.44	5
6	69	Jess Brown	Kilmarnock A	1.40	6

U11 GIRLS - B - Standing Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	125	Corrah Campbell	VP Glasgow A	1.71	1
2	169	Libby Brown	Kilmarnock A	1.65	2
3	101	Murrin Ronney	Ayr Seaforth A	1.59	3
4	109	Aurora McIntyre	Giffnock North A	1.56	4
5	151	Alice Phillips	Airdrie A	1.54	5
6	157	Millie Gordon	Dunfermline A	1.38	6

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U11 BOYS 60m - A RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	55	Samuel Scott	Dundee Hawkhill A	8.90	1
2	9	Andrew Mitchell	Giffnock North A	9.26	2
3	25	Charlie McGillivray	VP Glasgow A	9.64	3
4	65	Oliver Bjoness	Inverclyde A	9.86	4
5	69	Calum Cooke	Kilmarnock A	9.99	5
6	11	Ben Silver	Harmeny A	10.06	6
7					
8					

U11 BOYS 60m - A RACE - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U11 BOYS 60m - B RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	109	Davi Birnie	Giffnock North A	9.45	1
2	169	Sandy O'Sullivan	Kilmarnock A	9.52	2
3	155	Dominic Oludipe	Dundee Hawkhill A	9.70	3
4	111	Rohan Bullock	Harmeny A	9.83	4
5	125	Daniel Doody	VP Glasgow A	9.85	5
6	165	Alfie Anderson	Inverclyde A	11.39	6

U11 BOYS POINTS TOTALS

Competing	No.	B No.	Club	60m A	60m B	600m A	600m B	SLJ A	SLJ B	TOTAL	Rank
*	9	109	Giffnock North A	2	1	3	1	2	2	11	1
*	11	111	Harmeny A	6	4	1	6	1	3	21	3
*	25	125	V.P. Glasgow A	3	5	4	2	5	5	24	5
*	69	169	Kilmarnock A	5	2	2	3	3	6	21	3
*	65	165	Inverclyde A	4	6	5	5	6	4	30	6
*	55	155	Dundee Hawkhill A	1	3	6	4	4	1	19	2

Penalty score	7
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Position	Numbers		Club	pts
1	9	109	Giffnock North A	11
2	55	155	Dundee Hawkhill A	19
3	11	111	Harmeny A	21
3	69	169	Kilmarnock A	21
5	25	125	V.P. Glasgow A	24
6	65	165	Inverclyde A	30

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U11 BOYS 600m - A RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	11	Blake Burchill	Harmeny A	1.46.87	1
2	69	Calum Cooke	Kilmarnock A	1.50.16	2
3	9	Christopher Cameron	Giffnock North A	1.57.44	3
4	25	Reuben Tinkler	VP Glasgow A	2.00.31	4
5	65	Louis Reid	Inverclyde A	2.01.43	5
6	55	Blair Oparka	Dundee Hawkhill A	2.09.43	6

U11 BOYS 600m - B RACE - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	109	Andrew Church	Giffnock North A	1.57.91	1
2	125	Charlie McKenzie	VP Glasgow A	1.59.52	2
3	169	Conlyn Barr	Kilmarnock A	2.02.31	3
4	155	James Conroy	Dundee Hawkhill A	2.07.77	4
5	165	James Reid	Inverclyde A	2.08.87	5
6	111	Samuel Head	Harmeny A	2.12.18	6

U11 BOYS - A - Standing Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	11	Blake Burchill	Harmeny A	1.92	1
2	9	Andrew Mitchell	Giffnock North A	1.82	2
3	69	Sandy O'Sullivan	Kilmarnock A	1.80	3
4	55	Samuel Scott	Dundee Hawkhill A	1.74	4
5	25	Daniel Doody	VP Glasgow A	1.74	5
6	65	Oliver Bjoness	Inverclyde A	1.72	6

U11 BOYS - B - Standing Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	155	Dominic Oludipe	Dundee Hawkhill A	2.04	1
2	109	Davi Birnie	Giffnock North A	1.79	2
3	111	Rohan Bullock	Harmeny A	1.70	3
4	165	Callum McDonald	Inverclyde A	1.62	4
5	125	Sam Brown	VP Glasgow A	1.40	5
6	169	Conlyn Barr	Kilmarnock A	1.33	6

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U13 GIRLS 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	57	Murron Kane	Dunfermline A	8.87	1
2	69	Beth Gladston	Kilmarnock A	8.99	2
3	9	Bethany McNeil	Giffnock North A	9.00	3
4	51	Sophia Phillips	Airdrie A	9.01	4
5	1	Isla Milligan	Ayr Seaforth A	9.56	5
6	7	Sophia Baczyk	East Lothian A	9.62	6
7					
8					

U13 GIRLS 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U13 GIRLS 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	51	Dionne Maguinness	Airdrie A	10.01	1
2	69	Beth Gladston	Kilmarnock A	10.06	2
3	1	Megan Mason	Ayr Seaforth A	11.03	3
4	57	Molly Robinson	Dunfermline A	11.71	4
5	9	Katie Heron	Giffnock North A	11.85	5
6	7	Branna Kenny	East Lothian A	12.21	6

U13 GIRLS 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	57	Murron Kane	Dunfermline A	28.17	1
2	69	Kacey Watson	Kilmarnock A	28.80	2
3	9	Laura Todesco	Giffnock North A	30.29	3
4	51	Sophia Phillips	Airdrie A	30.87	4
5	7	Morven Kenny	East Lothian A	31.36	5
6	1	Isla Milligan	Ayr Seaforth A	31.67	6

U13 GIRLS POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	800m	LJ	HJ	SP	TOTAL	Rank
*	1	Ayr Seaforth A	5	3	6	5	4	4	5	32	5
*	7	East Lothian A	6	6	5	3	3	5	6	34	6
*	9	Giffnock North A	3	5	3	2	1	6	3	23	3
*	51	Airdrie A	4	1	4	1	2	1	1	14	1
*	57	Dunfermline A	1	4	1	4	7	3	4	24	4
*	69	Kilmarnock A	2	2	2	6	5	2	2	21	2

Penalty score	7
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Position	No.	Club	pts
1	51	Airdrie A	14
2	69	Kilmarnock A	21
3	9	Giffnock North A	23
4	57	Dunfermline A	24
5	1	Ayr Seaforth A	32
6	7	East Lothian A	34

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U13 GIRLS 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	51	Dionne Maguinness	Airdrie A	2.26.63	1
2	9	Eilidh Brown	Giffnock North A	2.32.27	2
3	7	Imogen Turner	East Lothian A	2.35.64	3
4	57	Poppy Warner	Dunfermline A	2.36.13	4
5	1	Willow Challis	Ayr Seaforth A	2.53.47	5
6	69	Madeline Curley	Kilmarnock A	2.54.21	6

U13 GIRLS Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	9	Bethany McNeil	Giffnock North A	4.38	1
2	51	Sophia Phillips	Airdrie A	4.19	2
3	7	Morven Kenny	East Lothian A	4.05	3
4	1	Isla Milligan	Ayr Seaforth A	3.53	4
5	69	Megan Haggarty	Kilmarnock A	3.18	5

U13G High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	51	Dionne Maguinness	Airdrie A	1.50	1
2	69	Eilidh Mitchell	Kilmarnock A	1.30	2
3	57	Caitlin Chalmers	Dunfermline A	1.25	3
4	1	Megan Mason	Ayr Seaforth A	1.25	4
5	7	Ashlyn Dickson	East Lothian A	1.15	5
6	9	Celeste Sheridan	Giffnock North A	x	6

U13G Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	51	Freya Kennedy	Airdrie A	7.16	1
2	69	Bethan McGarey	Kilmarnock A	6.86	2
3	9	Eilidh Brown	Giffnock North A	6.25	3
4	57	Caitlin Chalmers	Dunfermline A	5.81	4
5	1	Megan Mason	Ayr Seaforth A	5.71	5
6	7	Sophia Baczyk	East Lothian A	5.18	6

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U13 BOYS 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	63	Kostas JACUBAK	Falkirk VH A	8.79	1
2	53	Alfie Laing	Central A	8.88	2
3	9	Christopher Snowden	Giffnock North A	9.05	3
4	5	Aidan Smith	Cumbernauld A	9.06	4
5	59	Adam Urquhart	Pitreavie A	9.67	5
6	25	Douglas Hastie	VP Glasgow A	9.97	6
7					
8					

U13 BOYS 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U13 BOYS 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	25	Rory Mitchell	VP Glasgow A	11.01	1
2	9	Paul Rolfe	Giffnock North A	11.02	2
3	59	Michael Massey	Pitreavie A	11.09	3
4	5	Heath Key	Cumbernauld A	12.10	4
5	63	Severin Bhosal	Falkirk VH A	12.53	5
6	53	Cameron McCallum	Central A	12.61	6

U13 BOYS 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	53	Lewis Munro	Central A	27.43	1
2	9	Charlie Murray	Giffnock North A	29.02	2
3	59	Lewis Roberts	Pitreavie A	29.19	3
4	63	Kostas JACUBAK	Falkirk VH A	29.28	4
5	5	Aidan Smith	Cumbernauld A	30.33	5
6	25	Rory Mitchell	VP Glasgow A	30.50	6

U13 BOYS POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	800m	LJ	HJ	SP	TOTAL	Rank
*	9	Giffnock North A	3	2	2	1	2	1	5	16	1
*	5	Cumbernauld A	4	4	5	5	4	2	2	26	4
*	25	V.P. Glasgow A	6	1	6	3	6	6	3	31	6
*	59	Pitreavie A	5	3	3	6	1	3	1	22	2
*	53	Central A	2	6	1	4	5	5	6	29	5
*	63	Falkirk V.H. A	1	5	4	2	3	4	4	23	3

Penalty score	7
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Position	No.	Club	pts
1	9	Giffnock North A	16
2	59	Pitreavie A	22
3	63	Falkirk V.H. A	23
4	5	Cumbernauld A	26
5	53	Central A	29
6	25	V.P. Glasgow A	31

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U13 BOYS 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Kian Dick	Giffnock North A	2.22.95	1
2	63	Ben UPFOLD	Falkirk VH A	2.28.07	2
3	25	Andrew Ross	VP Glasgow A	2.33.73	3
4	53	Harris McCallum	Central A	2.39.47	4
5	5	Heath Key	Cumbernauld A	2.40.63	5
6	59	Brodie Hearnden	Pitreavie A	2.44.91	6

U13 BOYS Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	59	Michael Massey	Pitreavie A	4.52	1
2	9	Charlie Murray	Giffnock North A	4.37	2
3	63	Ben UPFOLD	Falkirk VH A	4.33	3
4	5	Christopher Smyth	Cumbernauld A	4.03	4
5	53	Cameron McCallum	Central A	3.96	5
6	25	Rory Mitchell	VP Glasgow A	3.8	6

U13 BOYS High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	9	Austin Summerhill	Giffnock North A	1.35	1
2	5	Christopher Smyth	Cumbernauld A	1.35	2
3	59	Michael Massey	Pitreavie A	1.30	3
4	63	Severin Bhosal	Falkirk VH A	1.30	4
5	53	Alfie Laing	Central A	1.20	5
6	25	Ethan Kapila	VP Glasgow A	X	6

U13 BOYS Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	59	Murray Robb	Pitreavie A	9.05	1
2	5	Fraser Pegrum	Cumbernauld A	7.20	2
3	25	Fraser Parkinson	VP Glasgow A	6.43	3
4	63	Callan CAMPBELL	Falkirk VH A	6.20	4
5	9	Michael Nordmann	Giffnock North A	5.86	5
6	53	Kyle McPake	Central A	5.50	6

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U15 GIRLS 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	69	Olivia McMillian	Kilmarnock A	8.36	1
2	9	Poppy Ballantyne	Giffnock North A	8.41	2
3	63	Aimee CALDER	Falkirk VH A	8.44	3
4	5	Jessica Young	Cumbernauld A	8.46	4
5	51	Enya Doran	Airdrie A	8.54	5
6	25	Rebecca Digger	VP Glasgow A	8.65	6
7					
8					

U15 GIRLS 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U15 GIRLS 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	63	Laura Taylor	Falkirk VH A	10.00	1
2	51	Leanna Elliott	Airdrie A	10.02	2
3	69	Cara Monachello	Kilmarnock A	10.04	3
4	5	Chloe Coleman	Cumbernauld A	10.34	4
5	9	Ahrra Donaldson	Giffnock North A	10.39	5
6	25	Emily Doyle	VP Glasgow A	44.65	6

U15 GIRLS POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	300m	800m	LJ	HJ	SP	TOTAL	Rank
*	25	V.P. Glasgow A	6	6	5	5	1	5	3	4	35	6
*	9	Giffnock North A	2	5	4	1	3	3	1	6	25	2
*	5	Cumbernauld A	4	4	3	6	5	4	6	1	33	5
*	63	Falkirk V.H. A	3	1	1	3	4	6	5	2	25	2
*	69	Kilmarnock A	1	3	2	2	6	1	4	3	22	1
*	51	Airdrie A	5	2	6	4	2	2	1	5	27	4

Penalty score	7
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Position	No.	Club	pts
1	69	Kilmarnock A	22
2	9	Giffnock North A	25
2	63	Falkirk V.H. A	25
4	51	Airdrie A	27
5	5	Cumbernauld A	33
6	25	V.P. Glasgow A	35

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Scottish Athletics Indoor League - Final - 05/03/2023

U15 GIRLS 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	63	Aimee CALDER	Falkirk VH A	26.96	1
2	69	Lola Barrett	Kilmarnock A	27.31	2
3	5	Niah Taylor	Cumbernauld A	27.81	3
4	9	Beth Fyvie	Giffnock North A	28.47	4
5	25	Rebecca Digger	VP Glasgow A	28.87	5
6	51	Enya Doran	Airdrie A	29.09	6

U15 GIRLS 300m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Sarah McNulty	Giffnock North A	43.01	1
2	69	Cara Monachello	Kilmarnock A	43.03	2
3	63	Josie ANDERSON	Falkirk VH A	45.57	3
4	51	Eihlenn Gillespie	Airdrie A	46.73	4
5	25	Emily Doyle	VP Glasgow A	47.05	5
6	5	Ava Clark	Cumbernauld A	48.96	6

U15 GIRLS 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	25	Autumn Hunter	VP Glasgow A	2.20.09	1
2	51	Millie Gairn	Airdrie A	2.23.58	2
3	9	Amy Gallagher	Giffnock North A	2.23.76	3
4	63	Emily CHRISTIE	Falkirk VH A	2.30.85	4
5	5	Jemma MacLeod	Cumbernauld A	2.32.21	5
6	69	Eilidh Cooke	Kilmarnock A	2.41.21	6

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U15 GIRLS Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	69	Lola Barrett	Kilmarnock A	4.72	1
2	51	Enya Doran	Airdrie A	4.67	2
3	9	Ahrra Donaldson	Giffnock North A	4.38	3
4	5	Emily Allison	Cumbernauld A	4.35	4
5	25	Aneesah King	VP Glasgow A	4.27	5
6	63	Laura Taylor	Falkirk VH A	4.20	6

u15g High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	9	Zoe McKell	Giffnock North A	1.50	1
2	51	Leanna Elliott	Airdrie A	1.50	1
3	25	Gabrielle Ness	VP Glasgow A	1.45	3
4	69	Millie McKenzie	Kilmarnock A	1.45	4
5	63	Aimee CALDER	Falkirk VH A	1.35	5
6	5	Erin Longmuir	Cumbernauld A	1.30	6

u15g Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	5	Niamh Pegrum	Cumbernauld A	10.61	1
2	63	Michelle FAROSO	Falkirk VH A	9.03	2
3	69	Miley Carruthers	Kilmarnock A	7.89	3
4	25	Anna Clark	VP Glasgow A	7.85	4
5	51	Leanna Elliott	Airdrie A	7.60	5
6	9	Michelle Adakamola	Giffnock North A	7.11	6

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U15 BOYS 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Alex Clark	Giffnock North A	7.66	1
2	81	Douglas Knox	Springburn A	7.75	2
3	55	Jordon Hoolachan	Dundee Hawkhill A	8.14	3
4	25	George Scott	VP Glasgow A	8.20	4
5	77	Douglas Goldie	North Ayr A	8.50	5
6	1	Ricco Begnor	Ayr Seaforth A	8.54	6
7					
8					

U15 BOYS 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U15 BOYS POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	300m	800m	LJ	HJ	SP	TOTAL	Rank
*	9	Giffnock North A	1	2	1	1	1	3	2	1	12	1
*	25	V.P. Glasgow A	4	7	4	3	2	5	5	3	33	4
*	1	Ayr Seaforth A	6	3	3	4	5	6	4	4	35	5
*	81	Springburn A	2	1	6	6	4	1	3	2	25	2
*	55	Dundee Hawkhill A	3	7	2	2	7	4	7	5	37	6
*	77	North Ayr A	5	4	5	5	3	2	1	6	31	3

Penalty score	7
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Position	No.	Club	pts
1	9	Giffnock North A	12
2	81	Springburn A	25
3	77	North Ayr A	31
4	25	V.P. Glasgow A	33
5	1	Ayr Seaforth A	35
6	55	Dundee Hawkhill A	37

Scottish Athletics Indoor League - Final - 05/03/2023

U15 BOYS 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	81	Douglas Knox	Springburn A	9.51	1
2	9	Angus Weir	Giffnock North A	9.60	2
3	1	Matthew Cox	Ayr Seaforth A	10.02	3
4	77	Nathan Mobbs	North Ayr A	10.31	4

U15 BOYS 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Zander Summerhill	Giffnock North A	24.73	1
2	55	Adam Rogers	Dundee Hawkhill A	25.46	2
3	1	Luca Stewart	Ayr Seaforth A	25.79	3
4	25	Ivor Scott	VP Glasgow A	26.53	4
5	77	Luke Grundy	North Ayr A	28.21	5
6	81	Joe Crawford	Springburn A	28.92	6

U15 BOYS 300m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Alex Clark	Giffnock North A	38.86	1
2	55	Matthew Ferrier	Dundee Hawkhill A	39.89	2
3	25	George Scott	VP Glasgow A	41.75	3
4	1	Luca Stewart	Ayr Seaforth A	42.60	4
5	77	Douglas Goldie	North Ayr A	43.97	5
6	81	Umberto Minchella	Springburn A	45.04	6

U15 BOYS 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Callum Dick	Giffnock North A	2.03.58	1
2	25	Adam Watts	VP Glasgow A	2.11.26	2
3	77	Luke Grundy	North Ayr A	2.21.15	3
4	81	Umberto Minchella	Springburn A	2.21.63	4
5	1	Lucan Marshall Watt	Ayr Seaforth A	2.42.66	5

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U15 BOYS Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	81	Douglas Knox	Springburn A	6.26	1
2	77	Nathan Mobbs	North Ayr A	5.46	2
3	9	Angus Weir	Giffnock North A	5.13	3
4	55	Matthew Ferrier	Dundee Hawkhill A	4.87	4
5	25	Adam Watts	VP Glasgow A	4.75	5
6	1	Matthew Cox	Ayr Seaforth A	4.63	6

U15 BOYS High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	77	Nathan Mobbs	North Ayr A	1.55	1
2	9	Noah McLeod	Giffnock North A	1.50	2
3	81	Joe Crawford	Springburn A	1.50	3
4	1	Luca Stewart	Ayr Seaforth A	1.45	4
5	25	Adam Watts	VP Glasgow A	1.20	5

U15 BOYS Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	9	Zander Summerhill	Giffnock North A	10.12	1
2	81	Jamie Lowrie	Springburn A	9.49	2
3	25	Ivor Scott	VP Glasgow A	8.61	3
4	1	Ricco Begnor	Ayr Seaforth A	7.40	4
5	55	Adam Rogers	Dundee Hawkhill A	7.19	5
6	77	Douglas Goldie	North Ayr A	5.70	6

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U17 WOMEN 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	57	Sophie Thomas	Dunfermline A	7.90	1
2	77	Shannon Brown	North Ayr A	7.97	2
3	53	Mica McCloud	Central A	8.17	3
4	9	Helen Adakomola	Giffnock North A	8.50	4
5	25	Erin Downie	VP Glasgow A	8.63	5
6	1	Megan Sloan	Ayr Seaforth A	8.76	6
7					
8					

U17 WOMEN 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U17 WOMEN POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	300m	800m	LJ	HJ	SP	TOTAL	Rank
*	25	V.P. Glasgow A	5	1	5	4	4	2	1	3	25	3
*	9	Giffnock North A	4	3	4	5	1	1	1	1	20	1
*	1	Ayr Seaforth A	6	5	6	7	3	5	7	6	45	6
*	77	North Ayr A	2	6	2	3	5	3	4	2	27	4
*	57	Dunfermline A	1	2	1	2	6	6	5	5	28	5
*	53	Central A	3	4	3	1	2	4	1	4	22	2

Penalty score	7
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Position	No.	Club	pts
1	9	Giffnock North A	20
2	53	Central A	22
3	25	V.P. Glasgow A	25
4	77	North Ayr A	27
5	57	Dunfermline A	28
6	1	Ayr Seaforth A	45

Scottish Athletics Indoor League - Final - 05/03/2023

U17 WOMEN 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	25	Zoe Loughrey	VP Glasgow A	9.41	1
2	57	Kirstin Penman	Dunfermline A	9.59	2
3	9	Madeleine Mackenzie	Giffnock North A	9.78	3
4	53	Loren Stewart	Central A	10.71	4
5	1	Amy Tait	Ayr Seaforth A	11.61	5
6	77	Jessie Caig	North Ayr A	22.81	6

U17 WOMEN 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	57	Sophie Thomas	Dunfermline A	25.79	1
2	77	Shannon Brown	North Ayr A	26.12	2
3	53	Mica McCloud	Central A	27.04	3
4	9	Caitlin Mcgeachy	Giffnock North A	27.32	4
5	25	Zoe Wilson	VP Glasgow A	27.42	5
6	1	Anna Kirk	Ayr Seaforth A	28.11	6

U17 WOMEN 300m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	53	Aaliyah McCloud	Central A	40.49	1
2	57	Shayna Asamoah	Dunfermline A	41.37	2
3	77	Jaymee Brown	North Ayr A	41.47	3
4	25	Hannah McDermott	VP Glasgow A	42.61	4
5	9	Emily Williams	Giffnock North A	43.78	5

U17 WOMEN 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Scarlett Wilson	Giffnock North A	2.16.74	1
2	53	Niamh McKinlay	Central A	2.17.59	2
3	1	Marnie Harrower	Ayr Seaforth A	2.25.80	3
4	25	Islay Jackson	VP Glasgow A	2.26.83	4
5	77	Naideen Dailly	North Ayr A	2.29.60	5
6	57	Ruby Candlish	Dunfermline A	2.29.86	6

Scottish Athletics Indoor League - Final - 05/03/2023

U17 WOMEN Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	9	Hannah Turnbull	Giffnock North A	5.33	1
2	25	Hannah McDermott	VP Glasgow A	5.22	2
3	77	Shannon Brown	North Ayr A	5.2	3
4	53	Loren Stewart	Central A	5.06	4
5	1	Anna Kirk	Ayr Seaforth A	4.74	5
6	57	Kirstin Penman	Dunfermline A	4.55	6

U17 WOMEN High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	25	Zoe Loughrey	VP Glasgow A	1.55	1
2	9	Isla Ross	Giffnock North A	1.55	1
3	53	Aaliyah McCloud	Central A	1.55	1
4	77	Naideen Dailly	North Ayr A	1.35	4
5	57	Ellie Candlish	Dunfermline A	x	5

U17 WOMEN Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	9	Courtney Barbour	Giffnock North A	11.47	1
2	77	Jessie Caig	North Ayr A	11.051	2
3	25	Ava Mitchell	VP Glasgow A	11.05	3
4	53	Loren Stewart	Central A	8.32	4
5	57	Kirstin Penman	Dunfermline A	8.18	5
6	1	Evelyn Manson	Ayr Seaforth A	6.36	6

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U17 MEN 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	63	Luca CAPANNI	Falkirk VH A	7.33	1
2	9	Angus Rennie	Giffnock North A	7.34	2
3	53	Ken Young	Central A	7.44	3
4	17	Brodie Nixon	Livingston A	7.48	4
5	25	Finlay Hall	VP Glasgow A	7.58	5
6	55	Kynan Alipour	Dundee Hawkhill A	8.01	6
7					
8					

U17 MEN 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U17 MEN POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	400m	800m	LJ	HJ	SP	TOTAL	Rank
*	9	Giffnock North A	2	1	1	2	1	2	1	4	14	1
*	17	Livingston A	4	3	2	3	2	5	3	1	23	2
*	25	V.P.Glasgow A	5	4	5	6	7	3	4	7	41	6
*	53	Central A	3	2	6	1	4	1	5	2	24	3
*	55	Dundee Hawkhill A	6	5	4	5	3	4	2	3	32	4
*	63	Falkirk V.H. A	1	6	3	4	5	6	6	5	36	5

Penalty score	7
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Position	No.	Club	pts
1	9	Giffnock North A	14
2	17	Livingston A	23
3	53	Central A	24
4	55	Dundee Hawkhill A	32
5	63	Falkirk V.H. A	36
6	25	V.P.Glasgow A	41

Scottish Athletics Indoor League - Final - 05/03/2023

U17 MEN 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Angus Rennie	Giffnock North A	8.87	1
2	53	Lewis Miller	Central A	9.44	2
3	17	Alex Thomson	Livingston A	9.85	3
4	25	Angus MacLeod	VP Glasgow A	9.99	4
5	55	Reuben Whamond	Dundee Hawkhill A	11.37	5
6	63	Flavio Balasoiu	Falkirk VH A	11.87	6

U17 MEN 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Felix Chan	Giffnock North A	23.10	1
2	17	Brodie Nixon	Livingston A	23.23	2
3	63	Luca CAPANNI	Falkirk VH A	24.07	3
4	55	Chisom Ugwoke	Dundee Hawkhill A	24.47	4
5	25	Finlay Hall	VP Glasgow A	24.49	5
6	53	Ken Young	Central A	dq	6

U17 MEN 400m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	53	Dylan McCulloch	Central A	51.64	1
2	9	Rory Taylor-Young	Giffnock North A	52.35	2
3	17	Finlay Cunningham	Livingston A	54.75	3
4	63	Hamish LAMONT	Falkirk VH A	55.42	4
5	55	Ryan Ferrier	Dundee Hawkhill A	55.53	5
6	25	Fergus Mitchell	VP Glasgow A	59.18	6

U17 MEN 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Thomas Reay	Giffnock North A	2.03.62	1
2	17	Kaydan Day	Livingston A	2.10.84	2
3	55	Murdo Hastie	Dundee Hawkhill A	2.15.43	3
4	53	Conall Paterson	Central A	2.19.34	4
5	63	Hamish LAMONT	Falkirk VH A	2.25.60	5

Scottish Athletics Indoor League - Final - 05/03/2023

U17 MEN Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	53	Lewis Miller	Central A	6.21	1
2	9	Angus Rennie	Giffnock North A	5.50	2
3	25	Haris Ali	VP Glasgow A	5.45	3
4	55	Henry Colquhoun	Dundee Hawkhill A	5.29	4
5	17	Moray Butler	Livingston A	5.10	5
6	63	Hamish LAMONT	Falkirk VH A	4.86	6

U17 MEN High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	9	Ryan Davie	Giffnock North A	1.70	1
2	55	Ryan Ferrier	Dundee Hawkhill A	1.60	2
3	17	Moray Butler	Livingston A	1.55	3
4	25	Haris Ali	VP Glasgow A	1.55	4
5	53	Cameron Moore	Central A	1.50	5
6	63	Flavio Balasoiu	Falkirk VH A	1.45	6

U17 MEN Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	17	Alex Thomson	Livingston A	9.26	1
2	53	Cameron Moore	Central A	8.61	2
3	55	Chisom Ugwoke	Dundee Hawkhill A	8.58	3
4	9	Rory Taylor-Young	Giffnock North A	8.35	4
5	63	Noah Anderson	Falkirk VH A	7.42	5

Scottish Athletics Indoor League - Final - 05/03/2023

U20 WOMEN 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Amy Greene	Giffnock North A	8.11	1
2	57	Darcie Black	Dunfermline A	8.12	GUEST
3	5	Hannah Wallace	Cumbernauld A	8.13	2
4	73	Jade Gray	Law & District A	8.20	3
5	63	Ellie BUCHANAN	Falkirk VH A	8.60	4
6	77	Niamh Gaffney	North Ayr A	8.71	5
7	25	Nicole Cameron	VP Glasgow A	8.85	6
8					

U20 WOMEN 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U20 WOMEN POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	400m	800m	LJ	HJ	SP	TOTAL	Rank
*	9	Giffnock North A	1	3	1	3	1	6	3	4	22	1
*	5	Cumbernauld A	2	1	3	4	7	1	2	5	25	2
*	25	V.P.Glasgow A	6	7	5	7	7	4	7	7	50	6
*	63	Falkirk V.H. A	4	4	4	1	2	5	4	3	27	3
*	77	North Ayr A	5	2	6	5	7	2	1	2	30	4
*	73	Law & District A	3	7	2	2	7	3	7	1	32	5

Penalty score	7
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Position	No.	Club	pts
1	9	Giffnock North A	22
2	5	Cumbernauld A	25
3	63	Falkirk V.H. A	27
4	77	North Ayr A	30
5	73	Law & District A	32
6	25	V.P.Glasgow A	50

Scottish Athletics Indoor League - Final - 05/03/2023

U20 WOMEN 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	57	Darcie Black	Dunfermline A	9.25	GUEST
2	5	Hannah Wallace	Cumbernauld A	9.26	1
3	77	Jilly Lefebvre	North Ayr A	9.46	2
4	9	Sophie Slider	Giffnock North A	12.08	3
5	63	Ellie BUCHANAN	Falkirk VH A	DQ	4

U20 WOMEN 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Rachel Callan	Giffnock North A	25.32	1
2	73	Sophie Evans	Law & District A	26.42	2
3	5	Hannah Wallace	Cumbernauld A	26.71	3
4	63	Ellie BUCHANAN	Falkirk VH A	27.26	4
5	25	Charlotte Hume	VP Glasgow A	27.93	5
6	77	Niamh Gaffney	North Ayr A	28.53	6

U20 WOMEN 400m - H1

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1	63	Abbi McLeod	Falkirk VH A	57.26	1
2	73	Codie McHolm	Law & District A	61.57	2
3	9	Caroline MacConnell	Giffnock North A	62.81	3
4	5	Hannah Wallace	Cumbernauld A	65.93	4
5	77	Niamh Gaffney	North Ayr A	67.77	5

U20 WOMEN 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Rachel Callan	Giffnock North A	2.22.66	1
2	63	Caitlyn CHRISTIE	Falkirk VH A	2.24.85	2

Scottish Athletics Indoor League - Final - 05/03/2023

U20 WOMEN Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	5	Hannah Wallace	Cumbernauld A	5.75	1
2	57	Darcie Black	Dunfermline A	5.14	GUEST
3	77	Jilly Lefebvre	North Ayr A	5.12	2
4	73	Codie McHolm	Law & District A	4.79	3
5	25	Nicole Cameron	VP Glasgow A	4.64	4
6	63	Louisa KANE	Falkirk VH A	4.51	5
7	9	Emily Watson	Giffnock North A	4.31	6

U20 WOMEN High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	77	Jilly Lefebvre	North Ayr A	1.60	1
2	5	Hannah Wallace	Cumbernauld A	1.55	2
3	9	Rachel Callan	Giffnock North A	1.40	3
4	63	Louisa KANE	Falkirk VH A	1.30	4

U20 WOMEN Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	73	Jade Gray	Law & District A	10.06	1
2	77	Jilly Lefebvre	North Ayr A	8.04	2
3	63	Inez MACINTOSH	Falkirk VH A	7.93	3
4	9	Sophie Slider	Giffnock North A	7.631	4
5	5	Hannah Wallace	Cumbernauld A	7.63	5

Scottish Athletics Indoor League - Final - 05/03/2023

U20 MEN 60m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	65	Lochlan Steele	Inverclyde A	7.31	1
2	5	William Paterson	Cumbernauld A	7.43	2
3	9	Daniel Martin	Giffnock North A	7.58	3
4	55	Jamie Dickson	Dundee Hawkhill A	7.70	4
5	13	Cameron McDaid	Helensburgh A	7.79	5
6	77	Rory Lewis	North Ayr A	8.06	6
7					
8					

U20 MEN 60m - H2

HEAT 2	No.	Athlete	Club	TIME	Rank/Pts
1					
2					
3					
4					
5					

U20 MEN POINTS TOTALS

Competing	No.	Club	60m	60mH	200m	400m	800m	LJ	HJ	SP	TOTAL	Rank
*	5	Cumbernauld A	2	2	3	1	5	2	2	1	18	2
*	9	Giffnock North A	3	7	4	2	1	4	4	2	27	3
*	13	Helensburgh A	5	7	5	5	3	5	3	5	38	5
*	65	Inverclyde A	1	1	1	3	2	1	1	3	13	1
*	77	North Ayr A	6	3	6	4	4	6	5	6	40	6
*	55	Dundee Hawkhill A	4	4	2	6	7	3	6	4	36	4

Penalty score	7
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Position	No.	Club	pts
1	65	Inverclyde A	13
2	5	Cumbernauld A	18
3	9	Giffnock North A	27
4	55	Dundee Hawkhill A	36
5	13	Helensburgh A	38
6	77	North Ayr A	40

Scottish Athletics Indoor League - Final - 05/03/2023

U20 MEN 60m Hurdles - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	65	Jonathan Cameron	Inverclyde A	9.02	1
2	5	Euan Wallace	Cumbernauld A	9.15	2
3	77	Lewis Vick	North Ayr A	11.33	3
4	55	Struan Hastie	Dundee Hawkhill A	12.18	4

U20 MEN 200m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	65	Lochlann Steele	Inverclyde A	23.01	1
2	55	Chinedu Akunna	Dundee Hawkhill A	23.44	2
3	5	William Paterson	Cumbernauld A	24.59	3
4	9	Aidan Cunning	Giffnock North A	25.03	4
5	13	William Scott	Helensburgh A	25.77	5
6	77	Rory Lewis	North Ayr A	26.26	6

U20 MEN 400m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	5	Calum Mackenzie	Cumbernauld A	50.24	1
2	9	Edward Joyce	Giffnock North A	51.25	2
3	65	Keir Arthur	Inverclyde A	56.30	3
4	77	Lewis Vick	North Ayr A	58.49	4
5	13	Daniel Logan	Helensburgh A	77.49	5
6	55	Gino Brock	Dundee Hawkhill A	DQ	6

U20 MEN 800m - H1

HEAT 1	No.	Athlete	Club	TIME	Rank/Pts
1	9	Ross O'Brien	Giffnock North A	2.01.25	1
2	65	Keir Arthur	Inverclyde A	2.10.61	2
3	13	Matthew Cameron	Helensburgh A	2.13.84	3
4	77	Rory Lewis	North Ayr A	2.32.87	4
5	5	Reuben Macintyre	Cumbernauld A	DNF	5

Scottish Athletics Indoor League - Final - 05/03/2023

U20 MEN Long Jump

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	65	Jonathan Cameron	Inverclyde A	6.48	1
2	5	Euan Wallace	Cumbernauld A	5.66	2
3	55	Andrew Peters	Dundee Hawkhill A	5.52	3
4	9	Edward Joyce	Giffnock North A	5.27	4
5	13	Cameron McDaid	Helensburgh A	5.16	5
6	77	Lewis Vick	North Ayr A	5.14	6

U20 MEN High Jump

	No.	Athlete	Club	HEIGHT	Rank/Pts
1	65	Jonathan Cameron	Inverclyde A	1.80	1
2	5	Euan Wallace	Cumbernauld A	1.75	2
3	13	Daniel Logan	Helensburgh A	1.55	3
4	9	Henry Abbott	Giffnock North A	1.50	4
5	77	Lewis Vick	North Ayr A	1.50	5
6	55	Struan Hastie	Dundee Hawkhill A	1.30	6

U20 MEN Shot Putt

	No.	Athlete	Club	DISTANCE	Rank/Pts
1	5	William Bailey	Cumbernauld A	10.32	1
2	9	Daniel Martin	Giffnock North A	9.51	2
3	65	Jonathan Cameron	Inverclyde A	9.41	3
4	55	David Rose	Dundee Hawkhill A	8.01	4
5	13	William Scott	Helensburgh A	6.72	5
6	77	Rory Lewis	North Ayr A	6.35	6

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay

Under 11 Girls

4x200m Relay										Overall	QUALIFIERS
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Ranking		
1	1	25	VP Glasgow A	Alicia McMinigal	Freya Jarvie	Kori Taylor	Caitlin Cameron Laing	02:17.43	1	Q	
1	2	69	Kilmarnock A	Emily Sprott	Lottie Anderson	Lola Carter	Zoe Brown	02:24.47	7		
1	3	59	Pitreavie A	Grace Rampini	Levi Hutchinson	Isla Thwaites	Bernice Tilier	02:25.76	8		
1	4	29	East Kilbride A	Rebecca Pew	Caoimhe Gallagher	Jessica Caskie	Neve Lindsay	02:35.20	12		
1	5	17	Livingston A	Emily Neville	Ameilia McNae	Cara Emms	Emila Higson	02:37.49	13		
1	6										
2	1	51	Airdrie A	Evie Henderson	Alice Phillips	Bethany Hawkins	Georgia McMahon	02:20.84	5	Q	
2	2	21	Shettleston A	Rebecca Iatto	Molly Brown	Amelia Rose McGurn	Olivia Barr	02:26.29	9		
2	3	73	Law & District A	Helena Wotherspoon	Layla Kirk	Abbie Boyle	Allyssa Bennet	02:29.32	10		
2	4	81	Springburn A	Caoimhe McNulty	Sofia Strang	Kitty Penman	Emily Fitzsimmons	02:33.70	11		
2	5										
2	6										
3	1	61	Edinburgh A	SAFIYA WOSU	MINNIE MACKIE	KATIE MCNAB	ZOE O'CONNOR	02:17.54	2	Q	
3	2	9	Giffnock North A	Aurora McIntyre	Lola Saez	Abbie Gallagher	Darcey Waddell	02:18.00	3	Q	
3	3	57	Dunfermline A	Kelseigh Wilson	Millie Gordon	Rosie Dyson	Alice Thomas	02:19.53	4	Q	
3	4	1	Ayr Seaforth A	Lucia Cornelious	Isla Samson	Dalidh Logg	Murrin Ronney	02:23.36	6	Q	
3	5										
3	6										
Under 11 Girls - 4x200m Relay Final											
FINAL	1	51	Airdrie A	Evie Henderson	Alice Phillips	Bethany Hawkins	Georgia McMahon	02:17.65			
	2	9	Giffnock North A	Aurora McIntyre	Lola Saez	Abbie Gallagher	Darcey Waddell	02:18.24			
	3	25	VP Glasgow A	Alicia McMinigal	Freya Jarvie	Kori Taylor	Caitlin Cameron Laing	02:18.48			
	4	61	Edinburgh A	SAFIYA WOSU	MINNIE MACKIE	KATIE MCNAB	ZOE O'CONNOR	02:18.52			
	5	57	Dunfermline A	Kelseigh Wilson	Millie Gordon	Rosie Dyson	Alice Thomas	02:20.21			
	6	1	Ayr Seaforth A	Lucia Cornelious	Isla Samson	Dalidh Logg	Murrin Ronney	02:25.67			

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay				Under 11 Boys					
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Overall Ranking
1	1	11	Harmeny A	Rohan Bullock	Ben Silver	Carter Burchill	Blake Burchill	02:11.90	2
1	2	25	VP Glasgow A	Charlie McGillivray	Daniel Doody	Sam Brown	Reuben Tinkler	02:13.11	3
1	3	59	Pitreavie A	Brodie Pearson	Campbell Watson	Scott Fyfe	Aaron Knapman	02:19.82	5
1	4	65	Inverclyde A	Rory Campbell	Oliver Bjoness	James Reid	Louis Reid	DNF	
1	5								
1	6								

QUALIFIERS

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2	1	69	Kilmarnock A	Aeson Allardyce	Neil Parker	Harris Evans	Callum Curley	02:18.60	4
2	2	29	East Kilbride A	Jack McMillan	Calum McCormick	Finlay Edwards	Noah Anderson	02:23.87	6
2	3	51	Airdrie A	Finlay Paterson	Lorenzo Zambas	Roary Shannon	Jacob Bees	02:27.22	9
2	4	21	Shettleston A	Louis Millican	Conor Koliadimas	Naod Woldeselassie		DNF	
2	5								
2	6								

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3	1	9	Giffnock North A	Murray Lamont	Andrew Mitchell	Christopher Cameron	Davi Birnie	02:08.71	1
3	2	63	Falkirk VH A	Lewis HODGE	Patrick MCATARSNEY	Benjamin Anderson	Austin GARDINER	02:24.71	7
3	3	81	Springburn A	David Donaldson	Harry McAulay	Blake Saseh	Eli Crawford	02:26.70	8
3	4	17	Livingston A	Connor Smyth	Mikey Hill	Lewis Goater	Lewis Sharp	02:32.60	10
3	5								
3	6								

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Under 11 Boys - 4x200m Relay Final

	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	9	Giffnock North A	Murray Lamont	Andrew Mitchell	Christopher Cameron	Davi Birnie	02:07.71
	2	25	VP Glasgow A	Charlie McGillivray	Daniel Doody	Sam Brown	Reuben Tinkler	02:11.63
	3	11	Harmeny A	Rohan Bullock	Ben Silver	Carter Burchill	Blake Burchill	02:12.99
	4	69	Kilmarnock A	Aeson Allardyce	Neil Parker	Harris Evans	Callum Curley	02:18.50
	5	29	East Kilbride A	Jack McMillan	Calum McCormick	Finlay Edwards	Noah Anderson	02:25.65
	6							

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay				Under 13 Girls					
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Overall Ranking
1	1	63	Falkirk VH A	Kirsty MOFFAT	Skye ROBERTSON	Aine MCATARSNEY	Neve TAYLOR	02:04.64	4
1	2	17	Livingston A	Holly Robshaw	Kitan Aremu	Chloe Zelazny	Honor Ford	02:06.43	7
1	3	73	Law & District A	Cara Murphy	Devyn Smith	Nieve Fitzpatrick	Chloe Gardiner	02:08.89	11
1	4	55	Dundee Hawkhill A	Evie Hodgson	Izzy McLaren	Rowan Paton	Georgia Scott	02:11.08	13
1	5	5	Cumbernauld A	Chloe Senior	Amelia Craig	Freya Bellingham	Gracie Reilly	02:14.09	15
1	6								
2	1	77	North Ayr A	Emy Finnigan	Olivia Fisher	Ella McMillan	Lola Finnigan	02:04.18	3
2	2	57	Dunfermline A	Ana Stobie	Briony Argo	Molly Robinson	Poppy Warner	02:07.38	9
2	3	21	Shettleston A	Esme Guinea	Zoe Roberts	Jessica Thomson	Charlotte Reilly	02:09.46	12
2	4	65	Inverclyde A	Olivia Lyne	Olivia Law	Amelia Shand	Cara McDougall	02:15.61	16
2	5	29	East Kilbride A	Lottie Sim	Annie McDonald	Reeve Stuart	Ava Jeffrey	02:16.64	17
2	6								
3	1	59	Pitreavie A	Amelie Mathers	Agnes Lister	Summer Dunnett	Molly McElroy	02:02.91	2
3	2	67	Kilbarchan A	Eilish Inglis	Emma Nicholson	Lily Snodgress	Megan Cowan	02:06.80	8
3	3	51	Airdrie A	Rose Carr	Leah Paterson	Zara Gillespie	Amber Marshall	02:07.46	10
3	4	7	East Lothian A	Ashlyn Dickson	Branna Kenny	Sophia Baczyk	Morven Kenny	02:12.04	14
3	5								
3	6								
4	1	61	Edinburgh A	JESSICA KNOX	IMOGEN MUIR	LANA MARPARA	RINNAH AJALA	01:58.14	1
4	2	81	Springburn A	Ella O'Brien	Ella-Rose Templeman	Willow Smith	Beth Mould	02:05.18	5
4	3	9	Giffnock North A	Lauren Bell	Mia McCamon	Eva McGrory	Amy Plunkett	02:05.79	6
4	4	69	Kilmarnock A	Ellie Alexander	Olivia Lough	Lila Sanders	Scarlett O'Sullivan	02:18.25	18
4	5	53	Central AC A	Tessa Gray	Olivia Denholm	Rachel Duncan	Zara Hector	02:19.11	19
4	6								

QUALIFIERS

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Under 13 Girls - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	61	Edinburgh A	JESSICA KNOX	IMOGEN MUIR	LANA MARPARA	RINNAH AJALA	01:57.14
	2	59	Pitreavie A	Amelie Mathers	Agnes Lister	Summer Dunnett	Molly McElroy	02:02.35
	3	77	North Ayr A	Emy Finnigan	Olivia Fisher	Ella McMillan	Lola Finnigan	02:03.34
	4	9	Giffnock North A	Lauren Bell	Mia McCamon	Eva McGrory	Amy Plunkett	02:05.95
	5	63	Falkirk VH A	Kirsty MOFFAT	Skye ROBERTSON	Aine MCATARSNEY	Neve TAYLOR	02:07.29
	6	81	Springburn A	Ella O'Brien	Ella-Rose Templeman	Willow Smith	Beth Mould	02:07.79

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay				Under 13 Boys						
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Overall Ranking	
1	1	5	Cumbernauld A	Christopher Smyth	Heath Key	Aidan Smith	Noah Webb	02:04.40	5	QUALIFIERS Q Q
1	2	73	Law & District A	Jamie Mackie	Alexander Wotherspoon	James Keenan	Stefan Cowan	02:06.90	6	
1	3	57	Dunfermline A	Lewis Young	Lochlan Walker	Jaden MacKay	Sean Asamoah	02:11.17	10	
1	4	69	Kilmarnock A	Callum Fitzgerald	Lewis Sinclair	Logan Muir	Freddie Stevenson	02:11.18	11	
1	5	25	VP Glasgow A	Douglas Hastie	Andrew Ross	Ethan Kapila	Sam Ryburn-Thomson	02:20.08	14	
1	6									
2	1	81	Springburn A	Matthew Murray	Lucas McDonald	Thomas Souter	Wai Shun Tong	01:58.51	2	QUALIFIERS Q Q
2	2	61	Edinburgh A	FREDDIE STEVENSON	JAYDEN CHUN	RORY LOGG	ARLO PARKIN	02:02.74	4	
2	3	51	Airdrie A	Tommy Higgins	Nathan Reynolds	Callum Cameron	Alfie Lafferty	02:09.14	9	
2	4	29	East Kilbride A	Ben Naismith	Sam Hendry	Brodie Stewart	Matthew Sweeney	02:14.79	13	
2	5									
2	6									
3	1	9	Giffnock North A	Ayden Beard	Logan McNulty	Finlay Hamilton	Paul Rolfe	01:58.00	1	QUALIFIERS Q Q
3	2	53	Central AC A	Lewis Munro	Alfie Laing	Luca Shepherd	Euan Robertson	02:01.84	3	
3	3	21	Shettleston A	Joseph Lanahan	Edanne Gomes	Mitchell McIntosh	Harris Nelson	02:07.31	7	
3	4	59	Pitreavie A	Lewis Roberts	Michael Massey	Jacob McLeod	Callan Harding	02:08.11	8	
3	5	17	Livingston A	Matthew Cookson	Sam Spence	Harry Shaw	Finlay Sharp	02:12.40	12	
3	6									

Under 13 Boys - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	81	Springburn A	Matthew Murray	Lucas McDonald	Thomas Souter	Wai Shun Tong	01:56.21
	2	9	Giffnock North A	Ayden Beard	Logan McNulty	Finlay Hamilton	Paul Rolfe	01:56.25
	3	53	Central AC A	Lewis Munro	Alfie Laing	Luca Shepherd	Euan Robertson	02:00.74
	4	73	Law & District A	Jamie Mackie	Alexander Wotherspoon	James Keenan	Stefan Cowan	02:05.38
	5	5	Cumbernauld A	Christopher Smyth	Heath Key	Aidan Smith	Noah Webb	02:08.14
	6							

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay				Under 15 Girls						
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Overall Ranking	
1	1	51	Airdrie A	Enya Doran	Leanna Elliott	Eihlinn Gillespie	Millie Gairn	01:55.54	4	Q
1	2	81	Springburn A	Abbie Scott	Marissa Murray	Olivia Kay	Poppy Wood	01:59.99	8	
1	3	77	North Ayr A	Sophie Chalmers	Eilidh Dunwoodie	Eilidh Comrie	Macy Dalton	02:00.80	9	
1	4	65	Inverclyde A	Lexie Bremner	Kiera Gregory	Ellie Millar	Grace Barry	02:09.74	13	
1	5									
1	6									
2	1	73	Law & District A	Lucia McKenna	Neve Murray	Skye Davidson	Eva Gray	01:54.62	3	Q
2	2	67	Kilbarchan A	Isla Miller	Leah Nicholson	Iona Hartley	Mairi Nicholson	01:57.11	5	Q
2	3	1	Ayr Seaforth A	Charlotte Carter	Anna Campbell	Lemoni Allan-McLaughlin	Katie Ablett	02:03.82	10	
2	4	21	Shettleston A	Alicja Taborek	Imogen Millar	Estelle Giraud	Helena Hughes	02:04.23	11	
2	5	53	Central AC A	Orla Pieroway	Fia Watkin	Ella Tanner	Anna Gunn	02:07.83	12	
2	6									
3	1	5	Cumbernauld A	Niah Taylor	Jemma MacLeod	Ava Clark	Chloe Coleman	01:53.81	1	Q
3	2	17	Livingston A	Lucy Macmillan	Kishi Aremu	Emily Sharp	Emilia Zarabska	01:54.40	2	Q
3	3	55	Dundee Hawkhill A	Kaydi Smith	Amie Hayes	Eloise Rogers	Zoey Morgan	01:57.24	6	Q
3	4	25	VP Glasgow A	Aneesah King Oubacha	Anna Clark	Caitlin Allan	Rebecca Digger	01:57.55	7	
3	5	69	Kilmarnock A	Lily McClintock	Isla Fitzgerald	Amelia Adam	Erin Buchanan	02:10.72	14	
3	6									

Under 15 Girls - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	5	Cumbernauld A	Niah Taylor	Jemma MacLeod	Ava Clark	Chloe Coleman	01:53.90
	2	73	Law & District A	Lucia McKenna	Neve Murray	Skye Davidson	Eva Gray	01:54.09
	3	51	Airdrie A	Enya Doran	Leanna Elliott	Eihlinn Gillespie	Millie Gairn	01:55.82
	4	55	Dundee Hawkhill A	Kaydi Smith	Amie Hayes	Eloise Rogers	Zoey Morgan	01:56.71
	5	67	Kilbarchan A	Isla Miller	Leah Nicholson	Iona Hartley	Mairi Nicholson	01:58.19
	6	17	Livingston A	Lucy Macmillan	Kishi Aremu	Emily Sharp	Emilia Zarabska	02:00.38

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay				Under 15 Boys					
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Overall Ranking
1	1	9	Giffnock North A	Zander Summerhill	Nathan Booker	Callum Dick	Rishon Xavier	01:44.52	1
1	2	7	East Lothian A	Matthew Connolly	Sam Renton	Ross Dargo	Ben Anderson	01:50.30	3
1	3	73	Law & District A	Luke Evans	John Frood	Cameron Chambers	Jack Duffin	01:51.26	4
1	4	59	Pitreavie A	Fraser Muir	Frazer Lees	Sam Fenton	Ruaraidh Barnett	01:52.75	5
1	5	17	Livingston A	Ethan Smyth	Connor Higson	Archie Hendry	Marcel Halinowski	01:53.18	6
1	6								
2	1	61	Edinburgh A	ALESSANDRO MACDONALD	DONALD ROSS	LUKAS SONNERVILLE	CALLUM ROGER	01:48.93	2
2	2	57	Dunfermline A	Christopher Doig	Alistair Rimmer	Finlay Gaughan	Luke Hamilton	01:56.35	7
2	3	21	Shettleston A	Elijah Jatto	Abraham Lanahan	Lucas Millican	Murray Carson Graham	01:58.55	8
2	4	5	Cumbernauld A	Logan Craig	Matthew Murray	Rory McFarlane	Arran Wallace	01:59.38	9
2	5								
2	6								

QUALIFIERS

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Under 15 Boys - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	9	Giffnock North A	Zander Summerhill	Nathan Booker	Callum Dick	Rishon Xavier	01:44.70
	2	7	East Lothian A	Matthew Connolly	Sam Renton	Ross Dargo	Ben Anderson	01:49.27
	3	73	Law & District A	Luke Evans	John Frood	Cameron Chambers	Jack Duffin	01:50.08
	4	61	Edinburgh A	ALESSANDRO MACDONALD	DONALD ROSS	LUKAS SONNERVILLE	CALLUM ROGER	01:51.65
	5	59	Pitreavie A	Fraser Muir	Frazer Lees	Sam Fenton	Ruaraidh Barnett	01:53.65
	6	17	Livingston A	Ethan Smyth	Connor Higson	Archie Hendry	Marcel Halinowski	02:45.39

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay				Under 17 Girls					
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Overall Ranking
1	1	73	Law & District A	Tiana Greenshields	Susannah Kay	Lauren McNair	Tehillah Ikechukwu Okonkwo	01:46.22	1
1	2	55	Dundee Hawkhill A	Hannah Dishington	Beth Collins	Isabella Passway	Oma Enwegbara	01:53.97	6
1	3	67	Kilbarchan A	Emily Clark	Poppy Bowers	Elise Wilkie	Eva Carvil	01:55.04	8
1	4	1	Ayr Seaforth A	Amy Tait	Megan Sloan	Emma Ablett	Anna Kirk	01:58.55	11
1	5	21	Shettleston A	Annie McLean	Emma Sandra Leiper	Katie Burns	Ava Millican	02:00.03	13
1	6								

QUALIFIERS

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2	1	25	VP Glasgow A	Zoe Wilson	Ava Mitchell	Zoe Loughrey	Hannah McDermott	01:49.50	2
2	2	51	Airdrie A	Emma Hamilton	Taylor More	Grace Wilson	Amy Wilton	01:53.55	5
2	3	5	Cumbernauld A	Kaela Senior	Hannah Dornan	Rebekah Lawman	Niamh Reilly	01:54.96	7
2	4	81	Springburn A	Abigail Maclaime	Kirsty MacInnes	Emilia Murray	Emma Reid	01:55.55	9
2	5	29	East Kilbride A	Madeline Frew	Jenna McNab	Sarah Toner	Brodie McAneny	02:07.94	14
2	6								

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3	1	57	Dunfermline A	Ellie Candlish	Sophie Thomas	Shayna Asamoah	Sarah Kane	01:50.03	3
3	2	61	Edinburgh A	EVE CHALMERS	SARAH BURNS	ALANNAH MACAULAY ORR	JEDIDAH AJALA	01:52.26	4
3	3	9	Giffnock North A	Maisie Ling	Cara Slater	Eve Green	Holly Slater	01:55.63	10
3	4	77	North Ayr A	Alice Goldie	Abby Docherty	Victorie Hrubh	Rachel Hogarth	01:58.65	12
3	5								
3	6								

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Under 17 Girls - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	73	Law & District A	Tiana Greenshields	Susannah Kay	Lauren McNair	Tehillah Ikechukwu Okonkwo	01:45.45
	2	25	VP Glasgow A	Zoe Wilson	Ava Mitchell	Zoe Loughrey	Hannah McDermott	01:49.06
	3	61	Edinburgh A	EVE CHALMERS	SARAH BURNS	ALANNAH MACAULAY ORR	JEDIDAH AJALA	01:50.24
	4	57	Dunfermline A	Ellie Candlish	Sophie Thomas	Shayna Asamoah	Sarah Kane	01:50.66
	5	55	Dundee Hawkhill A	Hannah Dishington	Beth Collins	Isabella Passway	Oma Enwegbara	01:52.30
	6	51	Airdrie A	Emma Hamilton	Taylor More	Grace Wilson	Amy Wilton	01:53.08

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

4x200m Relay				Under 17 Boys					
Heat	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time	Overall Ranking
1	1	73	Law & District A	Owen Murphy	Jack Weir	Charlie Hall	Ross Duffin	01:35.39	1
1	2	5	Cumbernauld A	Finn McCafferty	Logan Turnbull	Grant McEachern	Matthew Crawford	01:38.51	5
1	3	21	Shettleston A	Ethan Ofoegbu	Joseph Prempeh	Adam Clifford	Matthew Fox	01:40.80	7
1	4	55	Dundee Hawkhill A	Kynan Alipour	Reuben Whamond	Andrew Low	Tom Dickson	01:46.58	8
1	5								
1	6								

QUALIFIERS

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2	1	17	Livingston A	Finlay Cunningham	Alex Thomson	Kyle De Pena Stark	Brodie Nixon	01:36.75	2
2	2	9	Giffnock North A	Felix Chan	Rory Taylor-Young	Ewan Cornfoot	Myles Socrates	01:37.45	3
2	3	25	VP Glasgow A	Finlay Hall	Andrew Dunn	Haris Ali	Fergus Mitchell	01:38.14	4
2	4	67	Kilbarchan A	Scott Ritchie	Daniel Bruce	Oran McShane	Joshua Mungin	01:39.02	6
2	5								
2	6								

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Under 17 Boys - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	73	Law & District A	Owen Murphy	Jack Weir	Charlie Hall	Ross Duffin	01:33.78
	2	9	Giffnock North A	Felix Chan	Rory Taylor-Young	Ewan Cornfoot	Myles Socrates	01:35.87
	3	17	Livingston A	Finlay Cunningham	Alex Thomson	Kyle De Pena Stark	Brodie Nixon	01:37.38
	4	5	Cumbernauld A	Finn McCafferty	Logan Turnbull	Grant McEachern	Matthew Crawford	01:37.65
	5	25	VP Glasgow A	Finlay Hall	Andrew Dunn	Haris Ali	Fergus Mitchell	01:38.00
	6	67	Kilbarchan A	Scott Ritchie	Daniel Bruce	Oran McShane	Joshua Mungin	01:40.43

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

Under u20 Women - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	73	Law & District A	Jade Gray	Codie McHolm	Emma Gilchrist	Sophie Evans	01:45.96
	2	9	Giffnock North A	Amy Greene	Caroline MacConnell	Emily Watson	Rachel Callan	01:47.83
	3	21	Shettleston A	Jessica Grant	Tammy Adelabu	Elizabeth Ayomide Ovenseri	Iman Djoudi	01:59.57
	4							
	5							
	6							

SAIL RELAYS 05/03/23 Emirates Arena, Glasgow

Under u20 Men - 4x200m Relay Final								
	Pos.	No.	Club	LEG 1	LEG 2	LEG 3	LEG 4	Time
FINAL	1	55	Dundee Hawkhill A	Andrew Peters	Ryan Fox	Jamie Dickson	Daniel Nicol	01:34.53
	2	21	Shettleston A	Michael Conteh	Maynard Conteh	Osayande Lucky Eduwu Fadun	Cole Kilpatrick	01:35.31
	3	9	Giffnock North A	Edward Joyce	Ross O'Brien	Henry Abbott	Aidan Cunning	01:38.78
	4	13	Helensburgh A	Cameron McDaid	Daniel Logan	Matthew Cameron	William Scott	01:39.36
	5							
	6							