

DUNFERMLINE TRACK & FIELD CLUB



Codes of Conduct

Season 2022-23



www.dunfermlinetrackfieldclub.co.uk

Parent's/Guardian's Code of Conduct

As a responsible parent/person with parental responsibility you will:

- Assume responsibility for safe transportation to and from training and competition and ensure that escort your child in at the start, and out at the end, of every training session.
- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Never place undue pressure on children to perform, participate or compete
- Check out the qualifications and licences of people who are coaching or managing your child or offering a service connected to athletics such as physiotherapy, massage, or nutritional advice.
- Take an active interest in your child's participation
- Attend training or competitions whenever possible.
- League rules require that the club provide several volunteers to support each match that we participate in. As a result, Parents/Guardians accompanying their athletes to League fixtures will be requested by the club on a rotational basis to carry out duties on the day to help the Officials. The Club expects Parents/ Guardians to adhere to these requests.
- Should a Parent/Guardian wish to discuss their athlete's training progress, or a Team selection regarding their athlete please speak to the relevant Team Manager or Coach on a training night. Alternatively, parents/guardians can email the Team Managers via the email address teamdtfc@gmail.com. We ask that Club Coaches or Team Managers are not contacted by personal messaging.
- Know exactly where your child will be and who they will be with at all times
- Never make assumptions about your child's safety
- Ensure that your child does not take any unnecessary valuable items to training or competition
- Inform your child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance
- Provide any necessary medication that your child needs for the duration of trips
- Return any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before your child goes to any away events or trips
- Report any concerns you have about your child's or any other child's welfare to the Club Welfare Officer, Regional, National or UKA Welfare Officers. (This does not affect your right to contact your local social services or the police if you feel it is necessary)

Athlete Code of Conduct

As a responsible athlete you will:

- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally.
- Uphold the same values of sportsmanship off the field as you do when engaged in athletics
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of yourself and other athletes
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time
- Inform your coach of any other coaching that you are seeking or receiving
- Always thank the coaches and officials who enable you to participate in athletics
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to you or others, acts of violence, bullying, harassment and physical and sexual abuse
- Challenge inappropriate behaviour and language by others
- Never engage in any inappropriate or illegal behaviour
- Avoid destructive behaviour and leave athletics venues as you find them
- Not carry or consume alcohol to excess and/or illegal substances.
- Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity

Coaches Code of Conduct

All our coaches shall:

- Respect the dignity and spirit of all participants, including children and young adults.
- Treat all participants fairly.
- Establish supportive, positive environments to encourage healthy competition, skill development, fun and achievement.
- Avoid contact or conduct that may be interpreted as having sexual connotations or which your sport defines as inappropriate.
- Not take part in or tolerate behaviour that frightens, embarrasses or demoralises a participant or that negatively affects their self-esteem.
- Not tolerate acts of aggression.
- Work towards eliminating harassment and abuse from sports environments.
- Be prepared to intervene if a child or young person under 18 is being abused or neglected.
- Practice fair play both during and outside of all sports activities. 'Fair play' is defined as showing considerate regard for participants, staff, parents, spectators, and officials; abiding by the rules of the sport; abiding by the officials' decisions.
- Adhere to the Codes of Conduct of UK Athletics and Scottish Athletics

Document history

Version	Issue date	Review due	Reviewer	Change description
1.0	01/06/2023	01/06/2024	JP	Initial Document